



Safety Matters

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Quarterly Safety Training



Required only four times a year, Quarterly Safety Training can be literally worth its weight in gold. Devised by the State Legislature as a way of reducing Workers Compensation costs, safety training helps the employee not only on the job, but at home as well.

Classes are probably the most effective and preferred way to conduct the training, but information handouts, safety/wellness newsletters and online training can also be used. Topics can range from work-specific safety such as proper lifting, eye protection, and fire evacuation procedures, to general topics such as winter driving, electrical safety, and storm safety. It goes without saying—we do better work when we're not hurting.

A good general topic for January and February is how to walk safely in snow and ice. And don't forget that March is the beginning of Tornado Season. More suggestions are available on the EHS website at <http://www.ehs.okstate.edu/training/Quarter.htm>

No matter how you choose to conduct the training, it must be documented. A simple memo and sign-up roster is all that is needed. If you prefer, EHS will conduct the training. To set up a class, just call us at 4-7241; there is no charge.